1. Studies prove that hospital routines and practices received by women in labor and delivery will affect the mother’s postnatal breastfeeding and the sucking of the newborn baby. Please point out four hospital routines and practices that might have an impact on breastfeeding, and explain why and how. (25%)

2. Nonpharmacologic approaches can effectively reduce the labor pain. Please point out four methods and explain the psychophysiological mechanisms through which each method is thought to affect pain’s reduction. (20%)

3. Please describe how to prevent the early postnatal women from urinary retention? How to prove that the postnatal woman does not have the problem of urinary retention? (15%)

4. Please explain the meaning for the pregnant woman to make her birth plan promoted by the hospital. In addition, please explain how this practice benefits the pregnant woman as well as the health professional. (15%)

5. In what way does hypothermia do harm to the newborn? Why? Please point out four mechanisms of the loss of body temperature. Based on these four mechanisms, please describe in the nursing practices how to prevent newborn babies from losing body temperature. (25%)